

## School Nursing Service

### Who are we?

School Nurses are public health nurses who will work with 5 to 19 year olds. They give confidential advice, care and treatment to children and young people and work with parents and carers in Schools, homes, Children's Centres and other community settings.

Working to improve the health and wellbeing of this age group as well as identifying anyone who needs early help, School Nurses can also help with conversations between health services and education.

### School Nursing Service

Anyone can make a request for help to the service, preferably with young person and parent/carer consent, by completing our electronic request form and emailing it to:

[Livewell.school.nursing.requestforhelp@nhs.net](mailto:Livewell.school.nursing.requestforhelp@nhs.net)

or

Alternatively, **ring (01752) 434008**

Did you know we also offer CHAT Health where you can text a School Nurse for confidential advice and support on 07480 635198.

We aim to respond to all text messages within 24 hours, Monday to Friday (excluding bank holidays). Click here for more info <https://chathealth.nhs.uk/important-info/privacy/>

You can also access our websites here:

[Health for Kids | Plymouth](#)

[Health for Teens | Livewell Southwest](#)

[School Nursing | Livewell Southwest](#)

Also available on the Plymouth Online Directory

[Public Health Nursing - School Nursing - Livewell Southwest - Plymouth Online Directory](#)

[HANDi app - Plymouth Online Directory](#)

To Access our Local Offer for children and young people with special educational needs or disability (SEND)

<https://www.plymouthonlinedirectory.com/plymouthlocaloffer/earlyyears/supportforfamilies>

## **How can the School Nurses support you and your child aged 5-19 years?**

We provide a confidential health service and can help with:

- Health information
- Support for families with health needs such as diabetes and asthma
- Signposting to other services
- Sexual health services including support and information for teenage parents
- Mental health and Wellbeing
- Alcohol, smoking and substance misuse
- Healthy lifestyles
- Continence, including issues of bed wetting and constipation
- Healthy weight
- Young Carers
- Advice and information on the use of emergency adrenaline and salbutamol.

\*Please complete in black ink only\*

### School Nurse Request For Help Form

<b>First Name</b>		<b>Date of Birth</b>	
<b>Surname</b>		<b>NHS Number</b>	
<b>School</b>		<b>Ethnicity</b>	
<b>Doctor</b>		<b>First language</b>	
<b>GP Surgery</b>		<b>Is an interpreter required?</b>	<b>YES / NO</b>
<b>Date of request for help</b>		<b>Religion</b>	

**Requesters name & contact details:**

**Has request for help been discussed with Parent /Carer /Young Person if yes please request signature for consent.**

**Name:** \_\_\_\_\_ **Telephone Number:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Signature:**..... **Date:** .....

Are you happy to be contacted by Text?  
Yes  No

Are you happy for us to complete the hearing check at school without you being present?  
Yes  No

**Reason for request for help**

**Does your child have any physical or learning disability? Or any other health concern for which they receive treatment?**

**Is any other agency involved, if yes please state. (e.g. Social Care, CAMHS)**

**Please forward this fully completed and signed form to the School Nursing Service by one of the following methods:-**

- 1. By email:- [Livewell.school.nursing.requestforhelp@nhs.net](mailto:Livewell.school.nursing.requestforhelp@nhs.net) (see footnote)**
- 2. By post to the Admin Building, Mount Gould Hospital, Mount Gould Road, Plymouth PL4 7QD (Telephone number 01752 434008)**
- 3. via your child's school for collection by the School Nursing Service**

**\*Disclaimer?**

**Footnote: Please note that sending from a School or private email address to the NHS.net email address is not a secure way of sending sensitive information, therefore, you do so at your own risk as we cannot guarantee the security of these third party email providers.**