



My name is Fiona Bywater and I am the Parent Support Advisor here at Drake Primary Academy and at Morice Town Academy. You can find my office by the reception. I work Monday - Wednesday and appointments can be made via the school office. My role is to provide impartial support which can be achieved in a variety of ways to meet your need.

- To listen, answer queries or discuss concerns
- Provide parenting advice, support with bedtimes and boundaries
- Assisting with paperwork such as forms and letters
- Advice and support if you are going through divorce or separation
- Bereavement or loss
- Accompanying you to meetings in regard to your child in school
- Sign posting to other services and agencies that may be able to help you further.

### **Help, Support and Advice**

#### **Financial Help**

Citizens Advice Plymouth

0808 278 7910

[citizensadviceplymouth.org.uk](http://citizensadviceplymouth.org.uk)

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#### **Financial Help**

Money Advice Plymouth

01752 208126

[moneyadviceplymouth.org.uk](http://moneyadviceplymouth.org.uk)

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#### **Financial Help**

Stepchange Debt Charity

0800 138 1111

[www.stepchange.org](http://www.stepchange.org)

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## **Family Support**

Plymouth Early Help and SEND advice line  
01752 668000

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## **Family Support**

Plymouth Family Hubs  
[www.plymouth.gov.uk/family-hubs](http://www.plymouth.gov.uk/family-hubs)

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## **Family Support**

Plymouth Online Directory  
[www.plymouthonlinedirectory.com](http://www.plymouthonlinedirectory.com)

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## **Family Support**

Family Lives  
[www.familylives.org.uk](http://www.familylives.org.uk)

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## **Mental health & wellbeing**

Mind  
0300 102 1234  
[www.mind.org.uk](http://www.mind.org.uk)

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## **Mental health & wellbeing**

Plymouth Options  
[www.livewellsouthwest.co.uk/plymouthoptions](http://www.livewellsouthwest.co.uk/plymouthoptions)

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## **Help for Children**

[Childline](http://www.childline.gov.uk)  
[0800 1111](http://www.childline.gov.uk)

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## **Help for Children**

Shout text service  
85258

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## **Help for Children**

Young Minds

[www.youngminds.org.uk](http://www.youngminds.org.uk)

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## **Help for Children**

Barnardos

[www.barnardos.org.uk](http://www.barnardos.org.uk)

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## **Community support**

Keyham Green Places (KGP)

01752 569340

[www.keyhamgreenplaces.co.uk](http://www.keyhamgreenplaces.co.uk)

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## **Community support**

The Wolseley Trust

01752 607449

[www.wolseley-trust.org](http://www.wolseley-trust.org)

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## **Community support**

Improving Lives Plymouth

01752 201766

[www.improvinglivesplymouth.org.uk](http://www.improvinglivesplymouth.org.uk)

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## **Housing Help**

PATH

01752 255889

[www.pathdevon.org](http://www.pathdevon.org)

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## **Housing Help**

Shelter

0300 330 1234

[www.shelter.org.uk](http://www.shelter.org.uk)